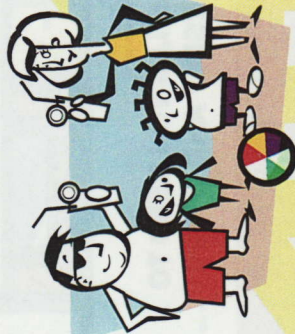


# What is CERT ???

CERT training is designed to prepare you to help yourself, your family, and your neighbors in the event of a catastrophic disaster. During and after a disaster, emergency services personnel will not be able to help everyone immediately, you can make a difference by using the training you receive in a CERT course to save lives and protect property.



Training covers basic skills that are important to know in a disaster when emergency services are not available. With knowledge, training and practice you will be better prepared.

**Preparation is key, get started today!!!**

The goal of the Belmont—San Carlos Fire Department is to provide training and education in emergency preparedness to all members of the community.

**Plan, Prepare, Practice.....GET READY!!!**



If a disastrous event overwhelms or delays the community's professional response, CERT members can assist others by applying the basic response and organizational skills that they learned during training. These skills can help save and sustain lives following a disaster until help arrives. CERT skills also apply to daily emergencies.

**WE PROUDLY OFFER  
PREPAREDNESS TRAINING AS A  
COMBINED EFFORT WITH THE  
BELMONT AND SAN CARLOS  
POLICE DEPARTMENTS**



Administration Office  
600 Elm Street  
San Carlos, Ca 94070  
Phone: 650-802-4255 Fax: (650) 592-4714



**BELMONT—SAN CARLOS  
FIRE DEPARTMENT**

**COMMUNITY  
EMERGENCY  
RESPONSE  
TEAM TRAINING**

*In the event of a disaster will you be prepared?  
Will you be able to help your family, friends and  
neighbors?*



**Belmont—San Carlos  
Fire Department**

[www.bsctfd.org](http://www.bsctfd.org)

For more information visit our web site or contact:

Disaster Preparedness Officer  
Christy Adonis  
(650)802-4254

